

ADULT GUIDANCE SERVICE

Dublin South East

**CONSIDERING EDUCATION, TRAINING OR CHANGING CAREER?
NEED INFORMATION, ADVICE AND SUPPORT TO REACH YOUR GOAL?**

***DISCUSS YOUR OPTIONS WITH A MEMBER
OF OUR GUIDANCE TEAM:***

- **Guidance & Information on education, training & career options**
- **Explore your strengths & skills and address gaps**
- **Identify your goals and make informed decisions**
- **Support with CV preparation, interview skills & college applications**

FREE & Confidential Service

Contact the Adult Guidance Service:

Dun Laoghaire, DDLETB Loughlinstown Training Centre,

Off the Wyattville Road, Loughlinstown, Co. Dublin

P: 01 204 3676 or 01 204 3603 E: carolannduggan@ddletbaes.ie

Dundrum, DDLETB Centre for Adult & Further Education,

Sydenham Road, Dundrum, Dublin 14.

P: 01 298 9283 E: carolannduggan@ddletbaes.ie

W: www.adulteducationsoutheast.com